

How often should I collect Sprints?

Sprints are NOT meant to be a formal assessment. Since 2006, I have delivered Sprints over 2,000 times but have never once collected them. They are meant to build confidence while providing students with immediate documented success.

The moment that you collect a Sprint, the child's mood will change from joyful to stressful, leading them to approach the activity timidly rather than freely. Sprints should feel like recess, not stodgy academia. The former leads to enthusiasm; the latter to anxiety.